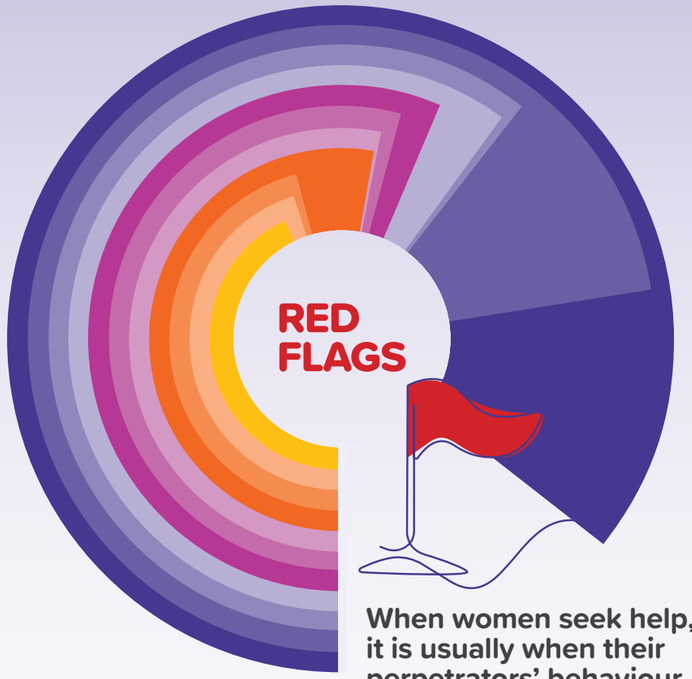
Nāhana Tūraru | *The Risk to Her*

Based on risk information from 5000 clients who entered Refuge service in 2024/25



When women seek help, it is usually when their perpetrators' behaviour shows red flags for severe violence/homicide risk

The perpetrator gets jealous and often accuses her of doing things wrong	**85.7%**
They control much or all of what she does each day	**72.6%**
She believes the perpetrator could kill her	**60.6%**
When she takes steps toward safety, the perpetrator escalates their violence	**60.0%**
The perpetrator held her hostage	**56.5%**
They threaten to hurt or kill themselves to make her do what they want	**54.2%**
The perpetrator used life threatening violence	**53.3%**
The perpetrator threatened to kill her	**52.9%**
They strangled her	**45.9%**
Almost half of their perpetrators have already breached a protection order, police safety order, or bail condition and **61.6%** have a criminal or violent history	**45.2%**
They have physically assaulted her while she is pregnant	**43.1%**



80.6% Most victims experience at least one digital stalking tactic

62.9% The stalking continued after she separated from them

62.8% During the relationship, the perpetrator followed her and showed up repeatedly

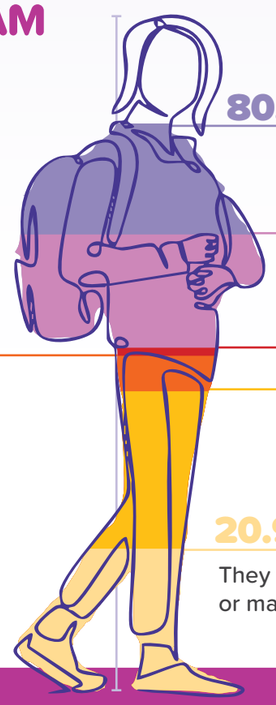
54.8% They call or message her constantly to keep her on a digital leash

48.6% They look at her private chats to others to keep her under surveillance

43.5% They use phones/technology to track where she is and what she's doing

DOWNSTREAM RISKS FROM THE ABUSE

The impacts from perpetrators' use of violence can extend into every part of women's lives



80.9% They stopped her spending time with whānau, family, and friends or made her relationships difficult

65.2% They smashed her belongings, and **72.2%** damaged her home

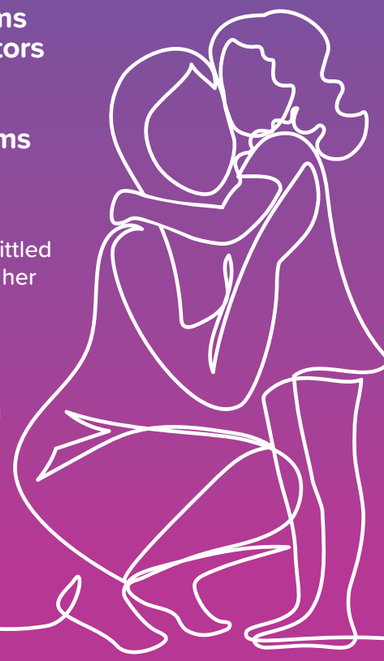
48.6% They threatened to make up or share private information about her mental health or her parenting **(43.5%)** to manipulate her

48.7% They stop her from having her own money

47.1% They threatened to harm somebody else that she cares about

20.9% They forced her to drink alcohol or take drugs, or made her take more than she wants to

Children are victims too, and perpetrators use them as weapons to inflict harm on their Mums



84.8% They put her down, belittled her, or verbally abused her in front of her children

55.9% They took her children or threatened to

28.5% They physically harmed her children

79.7% They made her child/ children feel scared

71.5% They harmed her in front of her children

53.2% They used her children to try and have contact with her or to find out details about her life **(44.8%)**

20.3% They threatened to kill or hurt her children



THE POTENTIAL FOR BRAIN INJURY

Brain injury is a common (but often unrecognised) consequence of family violence

71.8% The perpetrator hit/punched her in the head

26.7% She lost conciousness

39.7%* She had physical symptoms like head/neck pain, unsteadiness, or seeing/hearing problems in the days afterwards

**Of women hit/punched in the head*